

# Farm Volunteer

[Family Harvest Farm](#) is a place where young adults and adults participate in a local food system that encourages healthy living, nurtures the environment, and grows community. Family Harvest Farm employs transition-age foster youth as apprentices in a hands-on job-readiness program, teaching marketable skills and offering a supportive community.

**Volunteer Opportunity Overview:** Volunteers are an integral part of the workings at the farm. Volunteers add to the farm's productivity and may work side-by-side with apprentices.

**Responsibilities and Duties may include:**

- Assist with daily farm tasks.
- Assist with necessary program set-up and clean-up.
- May participate in activities, workshops and discussions with young people.
- May build rapport with apprentices and listen to their concerns.

**Qualifications:**

- Experiencing gardening, farming or working outdoors.
- Able to work outdoors, uneven surfaces, be on your feet all day and able to lift as much as 30 lbs.
- 18 years of age or attending with a legal guardian.
- Good communicator, team player, and able to accept clear direction.
- May be fingerprinted with background check.
- May be required to participate in diversity trainings.
- Must attend farm/garden training or orientation session.

**Extra Information**

**Training:** Training onsite provided. We request you attend a Volunteer Orientation at JMLT within a year of beginning their role.

**Commitment:** Generally, 2 - 15 hrs. per week Tuesday – Friday with occasional weekend activities

**Staff Contact:** Sr. Community Programs Manager, Hannah Hodgson, [hannah@jmlt.org](mailto:hannah@jmlt.org) (925)387-8738

**Location:** Family Harvest Farm, 1300 Power Avenue, Pittsburg, CA 94565

**Compensation:** This role is purely voluntary.