

Farm Volunteer

[Family Harvest Farm](#) (FHF) is a program of [John Muir Land Trust](#) (JMLT) and a place where young adults and adults participate in a local food system that encourages healthy living, nurtures the environment, and grows community. Family Harvest Farm employs transition-age foster youth as apprentices in a hands-on job-readiness program, teaching marketable skills and offering a supportive community.

Volunteer Opportunity Overview: Working alongside apprentices, volunteers help grow organic produce, pull weeds, plant seeds, shovel mulch, and assist with other daily farm tasks. Volunteers are integral to the farm's diverse community.

Responsibilities and Duties:

- Assist with daily farm tasks Tuesdays – Fridays between 10am-2pm
- Assist with necessary program set-up and clean-up
- Safely use farming tools
- Coordinate with FHF staff for scheduling and working alongside apprentices
- May participate in activities, workshops, and discussions with apprentices

Qualifications:

- Able to work outdoors, uneven surfaces, be on your feet all day and able to lift as much as 30 lbs.
- 18 years of age or attending with a legal guardian
- Good communicator, team player, and able to accept clear direction
- Must be vaccinated with the COVID-19 vaccine, and boosters as recommended by health officials, unless a reasonable accommodation is approved
- May be fingerprinted with background check
- May be required to participate in diversity trainings

Extra Information:

Training: Training provided at FHF [Volunteer Orientations & Workdays \(www.jmlt.org/calendar\)](http://www.jmlt.org/calendar)

Commitment: 2-3 hours on a weekday between Tuesday – Friday and 10am-2pm

Location: Family Harvest Farm, 1300 Power Avenue, Pittsburg, CA 94565

Compensation: This role is purely voluntary

Interested? Reach out to mary@jmlt.org or (360)551-5614